



Keeping America
Physically Fit



SUPERSTREAM




Splash
SUPERPOOLS®

Fitness for Life

Splash SuperPools Limited, blends function and affordability in the revolutionary design of the SuperStream resistance current exercise pool. Innovative engineering, consumer friendly features, and reliable simplicity were the driving factors in the developmental process. No other product can offer such a wide range of fitness activities at a price level set for most any family budget. And best of all, the SuperStream provides a total fitness experience that can be achieved in the privacy of your own backyard.

Aquatic exercise has enjoyed growing popularity and recognition over the last decade due to its undeniable health benefits. Because of the physical, psychological and medical benefits of aquatic exercise, studies find that it is ideal for building strength and stamina with low impact, high energy workouts.*

Water offers buoyancy for your body, reducing its weight by approximately 90%. This reduction in body weight allows for less wear and tear on critical areas like joints, muscles and ligaments. The resistance created by the water promotes increased heart rate for impressive cardio results, muscle growth and toning while also enhancing flexibility.



The President's Council on Physical Fitness has declared Swimming to be one of the most effective forms of exercise available.



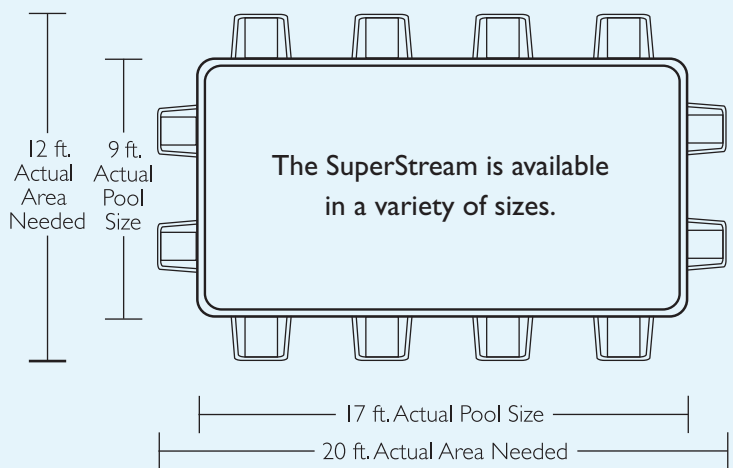
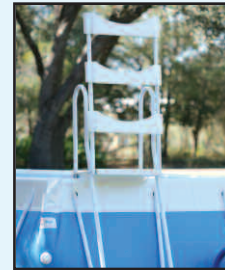
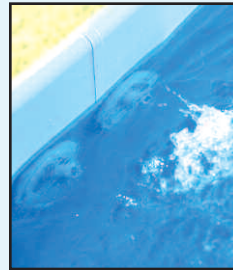
For a Free DVD call:
1-800-92-SPLASH



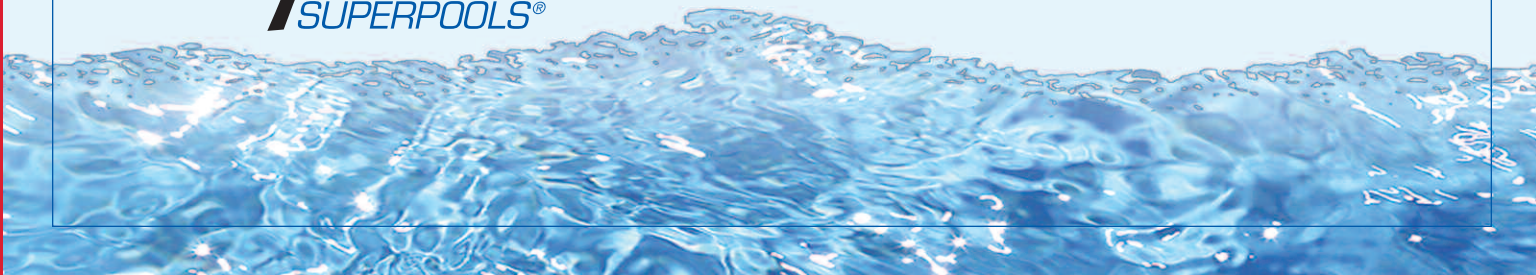
Whether you are interested in cardiovascular exercise, long distance endurance training, injury rehabilitation, or just an efficient way to burn a few calories, SuperStream is the product for you. This unique pool is great for swimming, aqua aerobics, aqua jogging and various other resistance training activities. Senior citizens, athletes, swimming enthusiasts, persons requiring physical therapy and chronic pain sufferers can all benefit from the wide range of hydrotherapeutic and exercise features of the SuperStream.*

The SuperStream counter current system can generate up to a 4 mph resistant current. That's more than enough to keep most swimmers stroking at an effective cardio workout rate. The SuperStream is not intended for sprint swimmers, although with adjustments available for water flow and swimmer placement, the endurance building benefits can help swimmers at any level. Swimming coaches can utilize this unique training tool to get up close and personal with their swimmers while assessing stroke technique and performance. But this great pool is more than just a venue for serious swimmers. It is also serious fun for the entire family.

Your SuperStream is pre-packaged with parts and accessories needed for immediate use. It will take two people an afternoon to fully assemble the pool. 220-volt electrical service will be required and should be provided by a licensed professional electrician. Then, just add water.



Never leave children unattended in any pool.





* Consult your physician before embarking on any strenuous exercise program.



I-800-92-SPLASH
www.splashpools.com